

# 體育運動科學系

DEPARTMENT OF SPORTS SCIENCE  
AND PHYSICAL EDUCATION

教育學士 (健康與體育運動科學)  
學位課程 **JS4329**

*Bachelor of Education in  
Physical Education,  
Exercise Science and Health*

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## Commonly Asked Questions

**Q1 What are the admission requirements?**

**A** Applicable to HKDSE students

Applicants need to fulfill the minimum entrance requirements of the University.

Core Subjects	Level
Chinese Language	3
English Language	3
Mathematics	2
Liberal Studies	2
+	
Any 2 Subjects <small>Note</small>	3

Note: These two subjects may include:

- (i) 2 New Senior Secondary elective subjects; or
- (ii) 1 New Senior Secondary elective subject and Mathematics (Extended Part) Module I or Module II.

**Q2 Is it necessary for applicants to have taken part in PE examination in HKDSE?**

**A** No. Applicants do not need to have taken part in PE examination in HKDSE.

**Q3 Which is more important: academic results or PE results?**

**A** The aim of our Department is not to nurture professional athletes, but it emphasizes the application of different exercise science principles and knowledge to the teaching profession. However, applicants' interests and experience in physical activities are also very important. Thus, our Department will consider an applicant's academic results as well as his/her interest and participation in sports when assessing whether he/she is suitable for our Programme.

**Q4 Do applicants need to attend an interview and skills proficiency test?**

**A** Applicants need to attend both an interview and skills proficiency test.

**Q5 What is the ratio of male : female students admitted each year?**

**A** Our Department has not set the ratio of male : female students admitted to our Programme. In determining the admission of students, we will comprehensively consider their academic results, past sports participation and experience, interview performance and skills proficiency test results.

**Q6 What are the career prospects after graduation?**

**A** Most of our graduates become physical education teachers in primary and secondary schools or higher education institutions. Some of them serve as administrators in national sports associations or executives in fitness and leisure industries. In addition, some graduates continue to pursue their master and doctoral degrees, related to physical education, exercise science and health, in both local and overseas universities.

**Q7 Do candidates need to have passion for sports?**

**A** Yes. It is because the courses in our Programme require students to learn the skills of different sports. Without having passion for sports, students will find our courses difficult.

**Q8 What are the differences between CUHK's Physical Education and Sports Science Programme and some similar programmes offered by other universities?**

**A** Our Programme aims to train students to become excellent Physical Education teachers. Our courses emphasize the application of exercise science principles to teaching and administration. The content includes sports skills, theories and professional knowledge, such as exercise physiology, exercise psychology, sports pedagogy and sports management. Upon the completion of our Programme, students will be awarded a Bachelor of Education degree, which also leads to an award equivalent to Postgraduate Diploma in Education.

**Q9 Is it a must to have at least one sports specialty?**

**A** It is not necessary to possess one sports specialty. But if you want to develop your career in the field of physical education, exercise science and health, we expect you to be adventurous and willing to learn, so that you will continuously learn new sports skills.

**Q10 How many students are admitted to the Programme each year?**

**A** The number of students admitted per year is about 20-25.



