



香港中文大學教育學院  
Faculty of Education The Chinese University of Hong Kong

體育運動科學系  
Department of Sports Science and Physical Education

全日制教育學士學位課程  
Full-time Bachelor of Education Degree Programme  
健康與體育運動科學 (JS4329)  
Physical Education, Exercise Science and Health (JS4329)



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## Commonly Asked Questions

1) What are the admission requirements?

Applicable to HKDSE students

Applicants need to fulfill the minimum entrance requirements of the University.

Subjects	Level
Chinese Language	Level 3
English Language	Level 3
Mathematics	Level 2
Liberal Studies	Level 2
+	
Any 2 Subjects <sup>Note</sup>	Level 3

Note: These two subjects may include:

- (i) 2 New Senior Secondary elective subjects; or
- (ii) 1 New Senior Secondary elective subject and Mathematics (Extended Part) Module I or Module II.

2) Is it necessary for applicants to have taken part in PE examination in HKDSE?

No. Applicants do not need to have taken in PE examination in HKDSE.

3) Which is more important: academic results or PE results?

The aim of our Department is not to nurture professional athletes, but it emphasizes the application of different sports science principles and knowledge to the teaching profession. However, applicants' interests and experience in physical activities are also very important. Thus, our Department will consider an applicant's academic results as well as his/her interest and participation in sports when assessing whether he/she is suitable for our Programme.

4) Do applicants need to attend an interview and skills proficiency test?

Applicants need to attend both an interview and skills proficiency test.

5) What is the ratio of male : female students admitted each year?

Our Department has not set the ratio of male : female students admitted to our Programme. In determining the admission of students, we will comprehensively consider their academic results, past sports participation and experiences, interview performance and skills proficiency test results.

6) What are the career prospects after graduation?

Most of our graduates will become physical education teachers in primary and secondary schools or higher education institutes. Some of them will join the disciplinary forces, serve as fitness trainers or sports administrators in recreational sectors. In addition, some graduates will continue to pursue their master and doctoral degrees, related to physical education and sports science, in both local and overseas universities.

7) Do candidates need to have passion for sports?

Yes. It is because the courses in our Programme require students to learn the skills of different sports. Without a passion for sports, students will find our courses difficult.



8) What are the differences between CUHK's Physical Education and Sports Science Programme and some similar programmes offered by other universities?

Our Programme aims to train students to become excellent Physical Education teachers. Our courses emphasize the application of sports science principles to teaching and administration. The content includes sports skills, theories and professional knowledge, such as exercise physiology, exercise psychology, sports pedagogy and sports management, etc. Upon the completion of our Programme, students will be awarded a Bachelor of Education degree, which also leads to an award equivalent to a Postgraduate Diploma in Education.

9) Is it a must to have at least one sports speciality?

It is not necessary to possess one sports speciality. But if you want to develop your career in the sports field, we expect you to be adventurous and willing to learn, so that you will continuously learn new sports skills.

10) How many students will be admitted to the Programme each year?

The number of students admitted per year is about 20-25.

